

DAY 2 SESSION – VI
12:00 noon – 1:00 p.m.
Hall 5 (Seating capacity 263)

Theme: Clinical leadership of NIH, From evidence to impact

Convenor: Prof. (Dr.) Shishir Kumar Singh, Professor, HoD- Dept of Physiology & HoD I/C Dept of Paediatrics, National Institute of Homoeopathy, Kolkata

Prof. (Dr.) Shishir Kumar Singh is a highly accomplished academician and medical administrator serving as the Professor and Head of the Department of Physiology, and Head of the Department In-Charge of Paediatrics at the National Institute of Homoeopathy (NIH), Kolkata. An Indian national with over 23 years of professional and 16 years of teaching experience, Dr. Singh holds an M.D. (Hom) in Materia Medica along with specialized PG Diplomas in Health & Family Welfare Management and Mental Health. His leadership at NIH is multifaceted, spanning roles as a Master Trainer for iGot Karmayogi, Quality Improvement Officer for NABH accreditation, and Nodal Officer for media and skill development schemes. Dedicated to academic innovation, Dr. Singh has designed the PG syllabus for Paediatrics and developed specialized courses in Mental Health and Physiology. His research contributions are equally significant; he serves as a member of the Research Advisory and Internal Ethical Committees at NIH and is a respected reviewer for international journals such as Thieme-Homoeopathic Links. A mentor to 24 postgraduate and 65 undergraduate students.

Chairperson

Prof. (Dr) Gautam Pal, Professor & H.O.D, National Institute of Homoeopathy, Kolkata, Ministry of AYUSH, Govt. of India

Dr. Gautam Pal, Professor and H.O.D. of Practice of Medicine, National Institute of Homoeopathy (NIH), Kolkata is the alumnus of NIH in both undergraduate and postgraduate curriculum and an ex-faculty of Nehru Homoeopathic Medical College & Hospital, Govt. of NCT of Delhi. In his 26 years of professional experience apart from his more than 22 years of teaching, Dr. Pal presented many papers in national and international podiums, published many articles in peer-reviewed and UGC affiliated journals. His experience as Associate Editor and Editor of *Bulletin of the National Institute of Homoeopathy* has helped him to author a book, named as *The Logic of Interrogation: A physician's detective sensibilities*. He has interest in research and acted as Co-project Guide of Vitiligo project under Dilli Anusandhan Parishad. Dr. Pal has been awarded with the W.H.O. Fellowship (in-country) and with *Allen's Homoeo Excellence National Award – 2014*, for most promising teacher, conferred by National Homoeopathic Forum of India. With many administrative experiences, Dr. Pal acted as the first Nodal Officer for tele-homoeopathy in NIH, Joint Director I/c, Public Grievance Officer, Hostel I/c, etc. He is the life member of LMHI and act as paper setter, examiner and adjudicator of different universities. He acted as an expert and co-ordinator for some state Public Service Commissions.

Presenters

1. Dr. Sanjib Sahoo, Asst. Prof, NIH, Kolkata

Dr. Sanjib Sahoo is an Assistant Professor in the Department of Forensic Medicine & Toxicology at the National Institute of Homoeopathy, Kolkata. He completed his M.D. in Materia Medica and B.H.M.S. from the National Institute of Homoeopathy, Kolkata. He received his schooling from

Ramakrishna Mission Vidyabhaban, Midnapore. Dr. Sahoo is a dedicated academician with experience in teaching, patient care, and research, with special interest in forensic medicine, toxicology, and homoeopathic medical education. He has contributed significantly to academic research and has published 11 research papers in various peer-reviewed journals. He is actively involved in teaching undergraduate and postgraduate students and participates in academic and research activities of the institution. His professional goal is to contribute to medical education, forensic research, and the advancement of homoeopathic science through teaching, research, and academic service.

2. Dr. Prabhat Tiwari, Asst. Professor, NIH, Kolkata

Dr. Prabhat Tiwari is a meticulous and patient-focused Assistant Professor in the Department of Homoeopathic Pharmacy at the National Institute of Homoeopathy (NIH), Kolkata. An alumnus of the prestigious Nehru Homoeopathic Medical College (University of Delhi) and NIH (WBUHS), he holds an M.D. (Hom.) in Homoeopathic Pharmacy. His professional background is distinguished by his tenure as a Research Officer and Scientist-1 at the Clinical Research Unit for Homoeopathy in Puducherry under the CCRH.

Dr. Tiwari is deeply committed to academic excellence, employing strategic pedagogical approaches to support learner success in higher education. His contributions to the field include specialized research publications on homoeopathic potencies and cell line studies in journals such as *Vital Informer* and the *Journal of Homoeopathy*. Multilingual in English, Hindi, and Bengali, Dr. Tiwari combines clinical research expertise with administrative proficiency to advance organizational objectives.

3. Dr. Ankita Bhakat, Assistant Professor, Department of Homoeopathic Pharmacy, National Institute of Homoeopathy

Dr. Ankita Bhakat, B.H.M.S., M.D. (Hom.), is a Homoeopathic physician and academician currently serving as Assistant Professor in the Department of Homoeopathic Pharmacy at the National Institute of Homoeopathy. She completed her B.H.M.S. (2018) and M.D. (Hom.) (2025) from the National Institute of Homoeopathy under The West Bengal University of Health Sciences. Her postgraduate dissertation focused on the characterization and molecular mechanisms of *Sanguinaria canadensis* mother tincture and its dilutions on colorectal cancer through an in-vitro study.

She completed her internship and house job at the National Institute of Homoeopathy, Kolkata, and worked as a Homoeopathic consultant from 2019 to 2021. She has submitted several research articles in reputed homoeopathic journals and actively participated in seminars, workshops, and training programs in pharmacology, pharmacognosy, industrial pharmacy, and research methodology at institutions including National Institute of Pharmaceutical Education and Research. Her academic interests include Homoeopathic Pharmacy, drug standardization, and experimental pharmacology.

4. Dr. Nabanita Debnath, Assistant Professor, Department of Practice of Medicine National Institute of Homoeopathy, Delhi

Dr. Nabanita Debnath is a dedicated and dynamic academician with experience in teaching, clinical practice, and research. She completed her B.H.M.S (2019) and M.D. (Hom.) in Practice of Medicine (2024) from the National Institute of Homoeopathy, Kolkata, under The West Bengal University of Health Sciences.

Demonstrating a strong inclination toward evidence-based Homoeopathy, She has been actively engaged in clinical research and scholarly activities. She has authored multiple research publications in reputed peer-reviewed journals and presented her work at national seminars, contributing to the scientific advancement of homoeopathic medicine.

With a commitment to continuous learning, she actively participates in academic discussions, seminars, and research initiatives. Her work reflects a dedication to excellence in patient care, teaching, and innovation, with a vision to contribute meaningfully to the growth and global recognition of Homoeopathy.

Rapporteur -Dr. Ajith Kumar K, Asst. Prof., NIH, Narela

