

DAY 1 SESSION – III
4.00pm-5.00pm

HALL 6 (SEATING CAPACITY 378)

Theme: Clinical Excellence in Homoeopathy with Holistic Approach for Wellness

Convenor: Dr. Varsha Sharma, Sr Consultant (Homoeopathy) NCH

Session Chair:

Dr. Anil Khurana, former Chairperson, NCH and Former Director General, CCRH
An Eminent figure in the field of research in homoeopathy, during his tenure as Chairman of NCH, he played a pivotal role in guiding key reforms and initiatives aimed at improving the quality of Homoeopathic education, enhancing transparency in regulation and ensuring better governance for the advancement of the Homoeopathic system. His contributions have significantly shaped the regulatory framework and professional outlook of Homoeopathy at the national level.

Co-Chair: Dr. Anand Kumar Chaturvedi, Member NCH

Dr. Anand Kr Chaturvedi has contributed significantly to academic development as an Assistant Professor at Lal Bahadur Shastri Homoeopathic Medical College, Bhopal. He has also held key administrative roles such as Director of the Directorate of Homoeopathy, Uttar Pradesh, Registrar of the Homoeopathy Medicine Board, Lucknow, and Secretary of the General Homoeopathic Medical Association of India. Currently, he is serving as Member (since January 2024) and President-In-Charge (since July 2025) of the Medical Assessment and Rating Board for Homoeopathy under the National Commission for Homoeopathy.

1. Dr. Subhas Singh, Former Director, National Institute of Homoeopathy, Kolkata (Ministry of Ayush), Former Member NCH

Theme: Application of Organon of Medicine in Clinical Practice

Essence of this session lies in the fact that the Organon of Medicine by Samuel Hahnemann remains the foundational text of Homoeopathy, offering timeless principles that guide rational and effective clinical practice. In the present era of evolving medical challenges, the application of Organon-based philosophy assumes even greater significance in ensuring individualized, holistic, and evidence-informed patient care. This presentation highlights the practical relevance of key aphorisms in day-to-day clinical settings, emphasizing case-taking, totality of symptoms, individualization, and judicious remedy selection. It also explores the integration of classical principles with modern diagnostic tools without compromising the core philosophy of Homoeopathy. Special focus will be given to the dynamic understanding of susceptibility, miasmatic background, and the role of minimum dose in achieving gentle and permanent cure. Through clinical insights and illustrative experiences, the session aims to reaffirm that the Organon is not merely a theoretical doctrine but a living guide for contemporary practice. This discourse aspires to inspire practitioners and students alike to deepen their understanding and application of the Organon, thereby enhancing the quality, consistency, and scientific orientation of Homoeopathic treatment.

2. Dr. Ashok Sharma, Chief Medical Officer (SAG), Government of Delhi

Theme: Homoeopathy in Mental Disorders

The prevalence of Mental disorders has become immense in the upcoming scenario of modern life as the conflicts and frustrations are the most dominating stressors. The availability of psychological and psychiatric workers is very low in ratio to the population which needs the psychological and psychiatric care as there is no vaccination possible for mental disorders. The presentation gives a highlighting view of how the science of homoeopathy is competent enough in solo and in integration to the conventional line of treatment. The various mental disorders, how they have been managed in acute manias/depression etc., are highlighted with the help of cases diagnosed according to DSM V at IHBAS, Delhi.

Major Take aways from the session will be Understanding- Phenomenology that is understanding the phenomena of mental disorders can enhance the treatment skills of Homoeopath. How to cultivate the art of precise insightful and knowledgeable questioning which shall be the key to history taking. The detailed study of the mental disorders mentioned in DSM V essential to understand and manage various types of mental disorders as they are hard nuts to crack. Various Rubrics mentioned in the section of mind needs to be perceived in different meanings and metaphors for their applicability in mental disorders. Most importantly, Homoeopathic medicines can bring forth the desired relief in mental disorders comparatively earlier than the prevalent antidepressant, antipsychotics and antianxiolytics.

3. Dr. Juhi Gupta, Associate Professor Dept. of Human Physiology & Biochemistry Govt. Homoeopathic Medical College & Hospital, Bhopal

Theme: integrating philosophical concept of wellness with current homoeopathy practice

This session highlights the concept of “Wellness”, as explained and demonstrated by Dr Hahnemann and many stalwarts of Homoeopathy, is being successfully practiced at the “Homoeopathy Wellness Center” of Government Homoeopathic Medical College Bhopal since 2017. We have successfully treated a vast number of cases of neuromuscular complaints, diseases of joints, metabolic diseases and skin ailments using Homoeopathy in local and oral mode in combination with zero medicine approach of Naturopathy. This is an integration that has strengthened both the specialties and created a unique example of AYUSH holism. The beneficiary count is over one lakh till date. The mission is to replicate the model in all homoeopathy setups – including clinics, polyclinics, wellness centers and hospitals for enhanced performance and sustained results. In true terms this will be a real tribute to our master who has philosophically emphasized the use of therapies with various energy laden radiations, water, massage, mesmerism and has kept the doors open for further expansion.

4. Dr. S. Praveen, Prof. & HoD, PG Department of Psychiatry, MNR Homoeopathic Medical College, Sangareddy, Hyderabad.

Theme-Rare Diseases and their Homoeopathic Management

Rare diseases are medical conditions that affect a very small percentage of the population. Many are genetic, chronic, progressive and may involve multiple organs. Examples include Duchenne Muscular Dystrophy, Gaucher disease, Cystic Fibrosis, Huntington’s disease, Spinal Muscular Atrophy, Fabry disease, ALS and several rare autoimmune or metabolic disorders. They have fewer treatment options due to less funding and attention. Few of the rare diseases which will be discussed in the session are Mednik syndrome, Cerebrotendinous Xanthomatosis (CTX), Multicentric Osteolytic Nodulosis Arthropathy (MONA), Gorham's disease, SMA syndrome, Congenital Dry Gangrene of Infants, Lissencephaly spectrum, Braf-RASopathy,

Hypogammaglobulinemia, Pigmented Vilonodular Synovitis (PVNS), Eagles syndrome along with their homoeopathic management. Homoeopathy can offer Symptom Relief, improve quality of life and can offer individualized case management.

Rapporteur-Dr Neha Verma (Consultant (Hom)-NCH)