

DAY 1 SESSION – II
3:00 – 4:00 p.m.

HALL 4 (SEATING CAPACITY 171)

Theme: Understanding Homoeopathy: A Practitioner’s Perspective”

The theme highlights the pivotal role of clinicians in shaping the foundation and future direction of homoeopathic research. In homoeopathy, the practitioner is not merely a prescriber but an observer, analyst, and interpreter of individual patient responses. Their day-to-day clinical experiences, case documentation, and therapeutic outcomes serve as the primary source of evidence generation. The outcomes observed by practitioners in real-world settings provide valuable insights that help in identifying therapeutic trends, validating homoeopathic principles, and formulating research hypotheses

This session aims to emphasize the significance of practitioners’ perspectives in bridging the gap between clinical practice and research. By integrating clinical experiences, including well-documented case reports and case series, with systematic research methodologies, a strong and credible evidence base can be developed. The inputs of practitioners are therefore indispensable in refining methodologies, and strengthening the scientific framework of homoeopathy.

Through this session, it is envisaged to foster a deeper understanding of how clinical practice contributes to research development and to encourage active participation of practitioners in the research continuum.

***Convenor: Dr. Renu Mittal, RO(H)/S-4
S-1, CCRH***

Co-Convenor: Dr. Pankhuri Mishra RO(H)/

Panelists

1. Dr. L. K. Nanda, Honorary Physician to Honourable President of India

Prof. Laxmikanta Nanda, is a highly respected homoeopathic physician, academician, and researcher with over 50 years of professional experience. He is Honorary Physician (Homoeopathy) to the Hon’ble President of India and is a recipient of the Best Teacher National Award from CCRH. He previously served as Principal-cum-Superintendent of Dr. Abhina Chandra Homoeopathic Medical College & Hospital, Bhubaneswar. Prof. Nanda has also held key positions in CCRH including Chairman of the Special Committee on Clinical Research (2019–2025) and earlier as a member of its Scientific Advisory Committee (2006–2019). He has also contributed extensively to academic governance through the Odisha University of Health Sciences and the Central Council of Homoeopathy. He is a highly respected and accomplished homeopathic physician with decades of dedicated service in the field of alternative medicine. Known for his clinical precision, compassionate patient care, and deep-rooted commitment to advancing homeopathy, Dr. Nanda stands as a role model for the homeopathic community in India and beyond. His calm demeanour, ethical integrity, and relentless pursuit of knowledge have earned

him both professional recognition and the trust of countless patients. An active scholar, he has authored 101 research publications along with four books.

2. Dr. Hari Singh, former Scientist, CCRH

Dr. Hari Singh is an experienced homoeopathic practitioner with a strong foundation in research and clinical care. He served as a scientist at the Central Council for Research in Homoeopathy for nearly three decades (1980–2008), contributing to the advancement of evidence-based homoeopathy. Following his distinguished research career, Dr. Singh transitioned into full-time clinical practice, where he has built a reputation for patient-centered, effective homoeopathic treatment. With a background in both scientific research and hands-on clinical work, he brings a balanced, evidence-informed approach to patient care. He has been actively practicing at his clinic in Gurugram, continuing to serve patients with dedication and compassion. His long professional journey reflects a deep commitment to healing, clinical excellence, and the practical application of homoeopathic principles in everyday healthcare.

3. Dr. Brijender Singh, Senior Consultant, Delhi

Dr. Brijinder Singh is a highly experienced homoeopathic practitioner based in East of Kailash, Delhi, with an impressive 48 years of clinical expertise. He practices at Dr. Natural clinics across East of Kailash, Moti Bagh, and Rajouri Garden, providing comprehensive homoeopathic care. Dr. Singh has served as an Ex-Board Member of the Board of Homoeopathic System of Medicine, Government of Delhi. He specializes in holistic patient care, offering treatment for both acute and chronic conditions through homoeopathy and drugless therapies. His areas of interest include women's health, skin disorders, and even animal diseases, reflecting a broad and integrative approach to healing.

4. Dr. Yogeshwari Gupta, Principal, Swasthya Kalyan Homoeopathic Medical College and Hospital, Jaipur

Dr. Yogeshwari Gupta is an eminent homoeopathic physician currently serving as Professor, Medical Superintendent, and Principal at *Swasthya Kalyan Homoeopathic Medical College & Research Centre, Jaipur*. With an illustrious career spanning over 28 years, she has established herself as a highly respected and trusted name in homoeopathy. A passionate and skilled professional, Dr. Gupta is dedicated to simplifying complex health concerns and making homoeopathic treatment accessible and understandable to patients. Her core philosophy revolves around holistic healing and compassionate care, with a deep commitment to alleviating suffering. Since beginning her clinical practice in 1998, she has provided over 1,50,000 consultations, reflecting her vast clinical experience and patient trust. In addition to her clinical work, she has authored case study articles published in various national and international medical journals and newspapers, further strengthening the evidence base and awareness of homoeopathy.

Rapporteurs: Dr Shweta Singh, Research Associate, Dr. Itti Mishra, SRF