

**DAY 1 SESSION – II**  
**3:00 – 4:00 p.m.**

**HALL 2&3 (SEATING CAPACITY 151)**

**Theme: New Homoeopathic Drugs (Cassia fistula & Persea americana): Indian Perspective and their Clinical Utility**

Homoeopathy continues to evolve through systematic exploration and validation of new medicinal substances. *Cassia fistula* (Amaltas) and *Persea americana* are two such plant sources with well-documented uses in traditional systems of medicine, yet their homoeopathic potential remained underexplored. With the increasing demand for safer, holistic treatment options, it becomes imperative to investigate new remedies through rigorous research in Homoeopathic Pathogenetic Trials (HPTs) and clinical verification. The inclusion of new drugs in homoeopathy may provide additional therapeutic options, especially in conditions where existing remedies show limited efficacy.

The session will focus on the symptoms elicited during the HPTs of these remedies, with a comparative analysis against existing literature, which is primarily from the Western world. It will further encompass a comprehensive and focused discourse with the panellists on pharmacological background, drug proving, and clinical utility of these drugs, thereby offering deeper insights into their therapeutic potential.

The session will highlight the need for evidence-based drug proving, encourage exploration of new remedies and provide thorough insight into the therapeutic utility of these drugs. Participants will gain a concise understanding of homoeopathic potential of *Cassia fistula* and *Persea americana*, their clinical applicability, and the importance of integrating newly proved medicines into practice.

**Convenor: Dr. Pritha Mehra, RO(H)/S-4 (H)/S-4**

**Co-convenor: Dr. Amulya Ratna Sahoo, RO**

**Panelists**

**1. Dr. S. K. Tiwari, Former Principal, Father Muller Homoeopathic Medical College & Hospital, Mangalore**

Dr. S. K. Tiwari is the Former Principal, Father Muller Homoeopathic Medical College & Hospital, Mangalore; Former Director, National Institute of Homoeopathy, Kolkata; Former Dean of Education, Dr Neilson Homoeopathic Medical Education and Research, Winnipeg, Canada and Former Chairman, Board of Studies (PG), Rajiv Gandhi University of Health Sciences, Karnataka. He was also the Chairman of the Special Committee of Homoeopathic Pathogenetic Trial (Drug proving), Central Council for Research in Homoeopathy. A distinguished academician and clinician, he has guided PhD and MD scholars, reflecting his continued influence in advancing scientific standards in homoeopathy. An accomplished author, his books are widely used by students and professionals. His contributions in teaching and medicine have been recognized through multiple national awards, including the Best Homeopathic Teacher Award 2019 by the Homoeopathic Medical Association of India.

## **2. Dr. S. K. Bhattacharyya, Former Director, National Institute of Homoeopathy, Kolkata**

Dr. S. K. Bhattacharyya is a former Professor & HOD, Dept. of Materia Medica and Former Director of National Institute of Homoeopathy, Kolkata. He has made substantial contributions to education, research, and public health. Serving as a PhD and MD guide at premier institutions, including the University of Health Sciences, West Bengal, he has mentored numerous scholars. He has actively presented research papers at national and international conferences, including the International League Conference in Mexico, and delivered invited lectures in the United States. He was one of the members of the Special Committee of Homoeopathic Pathogenetic Trial (Drug proving), the Central Council for Research in Homoeopathy (CCRH) and worked as an Expert Committee Member for the compilation of various books at CCRH. An accomplished author, he has also served in key advisory and expert roles for government bodies, including the National Institute of Homoeopathy and the Homoeopathic Pharmacopoeia Committee.

## **3. Dr. Leena Dighe, 3. Director, Dr. V. H. Dave Homoeopathic Medical College & Hospital, Anand**

An eminent homoeopathic physician, educator, and administrator, she currently serves as Director and she has previously held distinguished positions as Professor, Principal, and Medical Superintendent at Dr. V. H. Dave Homoeopathic Medical College & Hospital, Anand. With over 34 years of teaching, 35 years of professional, and 15 years of administrative experience, she has made significant contributions to homoeopathic education, particularly in Materia Medica and therapeutics. She has served as Dean and Chairman of the Board of Studies at Sardar Patel University and guided postgraduate and Ph.D. scholars across multiple universities. A dedicated researcher and Principal Investigator, she has led several projects in collaboration with CCRH and contributed to drug proving studies. She has actively participated in national and international conferences, including LMHI, and has published and presented numerous research papers. Her work reflects a strong commitment to advancing homoeopathic science, education, and clinical practice.

## **4. Dr. Neeraj Gupta, 4. Principal, Nehru Homoeopathic Medical College & Hospital, New Delhi**

Dr. Neeraj Gupta is presently serving as Principal and Head of the Department of Organon of Medicine at Nehru Homoeopathic Medical College & Hospital, New Delhi. He has previously held key leadership positions at Dr. B. R. Sur Homoeopathic Medical College & Hospital and has contributed extensively to academic administration, research, and institutional development. With more than 36 years of professional experience, including teaching, he has collaborated on several clinical and experimental studies and is an experienced postgraduate guide and researcher. He has presented numerous papers at national and international conferences and has an extensive list of publications in reputed journals. He is a recipient of several prestigious awards, including the Lifetime Achievement Award by the Board of Homoeopathic System of Medicine, Delhi. He has also served as a resource person, reviewer, media expert, and Panelist speaker of All India Radio, actively promoting homoeopathy through academic forums and public outreach platforms.

## **5. Dr. Pravas Kumar Pal, Professor and HOD, Department of Pharmacy, JIMS Homoeopathic Medical College & Hospital, Hyderabad**

Dr. Pravas Kumar Pal is a Professor and Head of the Department of Homoeopathic Pharmacy at JIMS Homoeopathic Medical College & Hospital, Hyderabad, and also the Medical

Superintendent of its integrated 80-bedded hospital. With over three decades of teaching and 35 years of clinical experience, he has played a pivotal role in shaping undergraduate and postgraduate education, guiding numerous PG scholars and contributing significantly to academic excellence. His expertise extends to research leadership, as having coordinated multiple national and international collaborative studies with CCRH and global institutions. He has actively contributed to the drug proving program, clinical research, and public health initiatives, including large-scale prophylactic interventions. A prolific speaker, organizer, and author, he has delivered lectures, published widely, and served on key academic and ethics committees. His diverse experience reflects a strong commitment to advancing homoeopathic education, research, and patient care.

*Rapporteurs: Dr. Priyanka Ghosh, RA (H); Dr. Akshay Gautam, SRF (H)*